

IN MOTION STUDIO OF DANCE

2009-2010 SCHEDULE

JANUARY 4, 2010 THROUGH JUNE 18, 2010
(UPDATED AS OF 3-24-10)

PLACEMENT FOR MOST CLASSES WILL BE BASED ON EVALUATION

(This schedule is subject to change monthly based on class enrollment numbers)

	STUDIO A			STUDIO B			STUDIO C			STUDIO D		
M O N	4:15-5:15 5:15-6:15 6:15-7:15 7:15-8:15	Intro to Ballet (6-8) Contemporary Dance II-III (T/A) Lyrical II-III (Teen/Adult) Hip-Hop (Teen/Adult)	Jennifer Jenny Jenny Jenny	10:15-11:00 4:15-5:15 5:15-6:15 6:15-7:15 7:15-8:15	Tiny Tots (3 yr olds) Tap II (13-up) Minis Combo (4-5 yrs) Jazz I (9-12) Tap I (9-up)	Jennifer Sherry Erin Erin Erin	4:15-5:15 5:15-6:15 6:15-7:15	Minis Combo (4-5 yrs) Ballet I (9-up) * Jazz II-III (9-12) <small>(*Placement in these classes based on evaluation only. Specific dress code is required)</small>	Erin Larissa Jennifer	6:15-7:15	Adult Ballet	Larissa
T U E	4:15-5:15 5:15-6:15 6:15-7:15 7:15-8:45	Intro to Ballet (6-10) Jazz II (Pre-Teen 9-12) Modern I (Pre-Teen 9-12) BRDC Rehearsal	Jennifer Jennifer Jennifer Jennifer	4:15-5:15 5:15-6:15 6:15-7:15 7:15-8:15	Beg Ballet I (9-up) * Beg Ballet I (6-8) * Ballet I (Teen/Adult) * Capoeira (13-up) <small>(*Placement in these classes based on evaluation only. Specific dress code is required)</small>	Larissa Larissa Larissa Brett	5:15-6:15 6:15-7:15 7:15-8:45	Jazz II (Teen/Adult) Lyra-Pop II (Teen/Adult) Aerial Silks (13-up) (eval only)	Nayte Jenny Scott			
W E D	4:15-5:15 5:15-6:15 6:15-7:15 7:30-8:30	Jazz I (ages 6-8) Hippity-Hop (6-8) Adult Hip-Hop Hip-Hop (Teen-Adult)	Jenny Jenny Jenny Stefan	10:15-11:00 1:00-2:00 4:15-5:15 5:15-6:15 6:15-7:30 7:30-8:30	Tiny Tots (3 yr olds) Minis Combo (4-5 yrs) Ballet II * Ballet III * Ballet IV * Pre Pointe & Pointe I * <small>(*Placement in these classes based on evaluation only. Specific dress code is required)</small>	Jennifer Jennifer Rosine Rosine Rosine Rosine	5:15-6:15 6:15-7:15 7:15-8:15	Jazz I Teen/Adult Cardio African Dance (T/A) Modern I-II (T/A)	Erin Erin Erin	6:15-7:15	Minis Combo (4-5 yrs)	Kristan
T H U	4:15-5:15 5:15-6:15 6:15-7:30 7:30-8:45	Leaps, Jumps, Turns (9-12) Jazz III (Teen/Adult) Modern/Jazz III (Teen/Adult) BRDC Rehearsal	Jenny Jennifer Jennifer Jennifer	4:15-5:15 5:15-6:15 6:15-7:30 7:30-8:30	Broadway Bound I-II (8-12) Dance Technique II (9-12) Dance Technique (11-up)	Jennifer Larissa Larissa	4:15-5:15 5:15-6:15 6:15-7:15	Hip-Hop (9-12) Lyrical II (9-12) Hip-Hop (9-12)	Marla Jenny Jenny			
F R I	4:00-5:15 5:30-6:30	Hip-Hop Crew BBoyz (Boys Hip-Hop) Open	J/M Stefan	5:15-6:30 6:30-7:30	Ballet III / IV * Pointe II/Variations * <small>(*Placement in these classes based on evaluation only. Specific dress code is required)</small>	Rosine Rosine	4:15-5:15 5:15-6:15 6:45-7:45	Minis Combo (4-5 yrs) PDT - White Rehearsal Aerials - Prep to Silks (9-up)	Kristan Jennifer Scott			
S A T	9:00-10:00 10:00-1:00 2:00-3:00	Production Rehearsal (Black/Silver/Teal/White) Funk Jazz III (Teen/Adult)	J/J J/J Nayte	9:00-10:00 10:00-1:00	Production Rehearsal (Black/Silver/Teal/White)	J/J J/J						
S U N												

REMEMBER, FIRST CLASS IS ALWAYS FREE!
IN MOTION STUDIO OF DANCE

OWNER & ARTISTIC DIRECTOR – JENNIFER AUGUST - 9410 PROTOTYPE DRIVE, SUITES 20 & 21 & 22, RENO, NV 89521
www.inmotionstudioofdance.com 775-851-0808 inmotionjb@sbcglobal.net

2009-2010 SCHEDULE



IN MOTION STUDIO OF DANCE

Jazz - Modern - Hip Hop - Lyrical - Tap
Ashtanga Yoga - Pilates - Ballet
Aerial Silks - Hula Hoop Cardio Fitness
Performance Dance Team
First class is always free!

775-851-0808

AGES

Tiny Tots - 3 year olds
Mini's Combo - 4 & 5 year olds
Kids - 6-8 year olds
Pre-Teen - 9-12 year olds
Teen/Adult - 13 & up
Adult - 17 & up

LEVELS

I - Beginner
II - Intermediate
III - Advanced

CLASSES PER WEEK	TOTAL MONTHLY	PER CLASS
1	54	13.50
2	98	12.25
3	134	11.15
4	168	10.50
5	185	9.25
6	196	8.15
7	210	7.50
UNLIMITED - INDIVIDUAL	260	-
UNLIMITED - FAMILY	360	-
FAMILY DISCOUNT	10% off each additional member	
ANNUAL REGISTRATION FEE	\$20/NEW STUDENTS - \$10/RETURNING	
5 MONTH PRE-PAYMENT DISCOUNT	10% (SEP THRU JAN OR FEB THRU JUN)	
10 MONTH PRE-PAYMENT DISCOUNT	15% (SEP THRU JUN) CHECKS ONLY	
10 CLASS YOGA CARD (3 MONTH EXPIRATION)	\$100 (NO DISCOUNTS - CHECKS ONLY)	
DROP IN CLASSES	\$15.00 \$10.00 (UNR/TMCC STUDENTS WITH ID)	
STUDIO RENTAL	DAILY - \$20/HR - MONTHLY - \$15/HR	
Tuition is due and payable on the first of each month (\$15.00 late fee will be added if paid after the 6 th of the month). Tuition is a flat rate based on an average of four weeks per month. When five weeks occur, the extra lessons balance out the "holiday months" when students receive fewer lessons. Tuition is non-refundable for any reason other than cancellation of classes. Students are expected to attend all classes in which they have registered, and will be billed accordingly. Missed classes may be made up in the same month only. If you decide to drop a class, thirty days notice is required.		

AERIAL SILKS: (also known as aerial ballet in silk or aerial contortion) is a new and impressive dance form popularized by Cirque du Soleil. It combines elements of ballet, gymnastics, contortion and climbing sports. Learn to climb, wrap, twist and drop while improving your strength and flexibility. It's an awesome total-body workout.

BALLET: The foundation of all dances. It is important for students who wish to further their education in dance to take ballet. Ballet includes traditional barre and center work. Students will learn proper ballet technique which will build graceful, strong bodies. It is mandatory for all students to wear ballet shoes, leotard and pink tights. Hair should be pulled back in a bun.

BROADWAY BOUND: This class teaches children music, choreography, and performance technique from Broadway Shows. This class will include warm-up exercises that will encourage many different feelings and attitudes through show tunes.

CAPOEIRA: A dance style created in Brazil. Capoeira is an art form that combines elements of martial arts, music, and dance.

CARDIO AFRICAN DANCE: A fusion of African and hip-hop movement to cultural based music. Bring a water bottle and be prepared to "break a sweat" in this class.

CONTEMPORARY DANCE: A blend of modern, lyrical, hip-hop, jazz, and ballet movement.

HIP-HOP: A high energy blend of street style dance. Students learn fun, energetic dances which include sharp, isolated, stylized movements. It is recommended that dancers wear jazz shoes or sneakers and clothing they can move in.

JAZZ: Students learn isolations, kicks, turns, leaps and a jazz combination. Using contemporary music, dancers are introduced to different styles of jazz dance. Jazz shoes are mandatory. Clothing should be fitted so the student can move freely. A leotard and jazz pants are recommended.

LEAPS AND TURNS: A class designed to challenge the student on progressing in their leaps & turns technique and is intended for the intermediate or advanced dancer only.

LYRA-POP: A fusion of lyrical dance and hip-hop movement.

LYRICAL DANCE: A combination of jazz, ballet, and modern. Students learn to move by telling a story through their body with the lyrics of music. Lyrical dancing expresses feelings and emotions. Lyrical dancing is done to music that is slow, powerful and inspiring. Students learn control and flexibility of their bodies. Students can wear jazz or ballet shoes or choose to dance barefoot. Clothing attire should be fitted so the dancer can move freely. You must also be registered in a Ballet class in order to take Lyrical.

MINIS COMBO: This class explores the movement of Ballet, Tap, and Jazz. Students learn motor skills, flexibility, rhythm and balance. Each class is divided into three sections of ballet, tap, and jazz. This provides an excellent foundation for further dance studies. Ballet and tap shoes are recommended for this class. Clothing should be a leotard and tights.

MODERN DANCE: Teaches the student many different styles of movement from Martha Graham to Lester Horton and more. Modern dance, like jazz, is multi-faceted. It is stylized and students learn the technique and body placement to further their education in classical modern dance. Class consists of a warm-up, across the floor and a combination. Like ballet, it is recommended that students wear a leotard and tights. Modern dance is performed barefoot.

TAP: Tap is the most rhythmic of the dance forms. Tap is an excellent way to increase coordination of the mind and body, and to develop a sense of rhythm, timing, and expression.

TINY TOTS: A creative movement class geared for the three year old. It is a 45 minute class that emphasizes learning gross and fine motor skills, following verbal direction, and introduction to dance and fitness. Tiny tots learn movement games, simple and creative dances, and social interaction. Clothing attire for this class is anything your child feels comfortable moving freely in.